

The Ottawa West Four Rivers Ontario Health Team (OWFR OHT) is proud to announce its Strategic Plan for 2024-2027.

This plan outlines our clear Mission:

Click [here](#) for the full Plan

Together, building healthier communities.

Our Vision is a simplified and coordinated health and community support system for all members of our diverse population.

### **Our Strategic Directions include:**



## **Helping People Connect to Care**

We want to make it easier for people to find the care and support they need. This includes creating better ways to help those without a primary care provider and focusing on people with mental health, addiction, and long-term health needs.

## **Supporting Primary Care**

Primary care is very important. We are working to improve how people access both primary and specialist care. We're also finding ways to reduce paperwork so healthcare providers can focus more on patients. Our goal is to make sure everyone has access to team-based care.

## **Building Healthier Communities**

We will work together with our communities and health experts to make improvements that are based on the needs of our communities. We will work together to ensure people know about the services in their communities and offer tools to stay healthy, prevent illness, and improve access.



## What is an Ontario Health Team?

Ontario Health Teams (OHTs) are new ways of organizing and delivering care that are more connected to people and providers in their communities.

OHTs aim to strengthen services locally and to make it easier for patients to get the care they need, when and where they need it.

## Our Region

Together, our 60+ partners provide services to over 300,000 people in urban, suburban, small town, and rural areas:

- Arnprior (McNab Braeside)
- Beckwith
- Carleton Place
- Edwardsburgh Cardinal
- Kemptville (North Grenville)
- Mississippi Mills
- Western Ottawa

We represent a diverse population and will work together to help the people in our communities to live their healthiest lives

A SIMPLIFIED AND COORDINATED  
HEALTH CARE AND COMMUNITY  
SUPPORT SYSTEM FOR ALL MEMBERS OF  
OUR DIVERSE POPULATION

## Who are we?

Our OHT brings together health and social service providers and community members (lived experience partners), working together to improve coordination of care.

OWFR OHT partners include:

- family doctors and nurse practitioners
- family health teams and community health centres
- public health units
- community health services including home and community care, community support, and community paramedicine
- hospitals
- long-term care
- mental health and addictions services

## “Nothing About Me, Without Me”

This philosophy is about working with individuals rather than doing things to, or for, individuals. If community members are affected by decisions being made, they should be at the table. For this reason, we strive to include **Lived Experience Partners** (patients, clients, (chosen) families, caregivers, and people with lived and living experience) in all of our work.

## What Do We Do?

The challenges our communities are facing are vast. Taking a population and health equity approach, our OHT is currently focused on transforming **mental health, addictions and substance use health services** and improving outcomes for those with certain **complex chronic diseases**. We are also prioritizing innovative solutions to **improve supports for, and access to, primary care**.

